

# Adult Demographics Form

# Patient Information

Title Last Name	
First Name	M.I
Gender Date of Birth	Social Security Number
Address	City/State
Zip Code Home phone	Cell Phone
Work PhoneDriv	er's License Number
Email Address	
	Preferred Time of Day
Marital Status Curr	ent Employment Status
Occupation En	nployer
Employment Address	
City/State	Zip Code
Spouse's Name (Last, First, M.I.)	
Spouse's Current Employment Status	Occupation
Spouse's Employer	

# Responsible Party for Payment

Responsible Party for Payment: [ ] Patient [ ] Spouse [ ] Other					
Please fill out the following for the Responsible Party below if different than from above.					
Responsible Party (Las	et, First, M.I.)	<del>-</del>			
Title DOB	SSN	Gender			
Address		City/State			
Zip Code	Home phone	Cell Phone			
Email Address		Work Phone			
Marital Status	Current Employment Sta	tus			
Occupation	Employer				
Employment Address					
City/State	Zip Code				

# Insurance Information

Name of primary insurance (enter "NA" if self-pay)	
Name of Insured (Last, First, M.I.)	
Name of Policy Holder (Last, First, M.I.)	
Primary Insurance State Policy Holder's Relationship to Patient	
Insurance ID number	
Insurance Group number	
Policy Effective Dates	
Name of secondary insurance (enter "NA" if self-pay)	
Name of Insured (Last, First, M.I.)	
Name of Policy Holder (Last, First, M.I.)	
Primary Insurance State Policy Holder's Relationship to Patient	
Insurance ID number	
Insurance Group number	

### **Emergency Contact Information**

Emergency Contact Name						
Emergency Contact Relationship to Patient						
Home Phone	Work Phone	Cell Phone				
Physician Information						
Referring Physician Name						
Referring Physician Practice Nam	ne					
Practice Address						
City/State	Zip Code	Phone				
Practice Address		an) Phone				
How did you hear about Horizon  I understand and agree (regardle account for any professional serv not limited to, benefits and allo	ess of my insurance status), that vices rendered. I am also respon owable visits. I have read all t and correct to the best of my kr	: I am ultimately responsible for the balance of my sible for recognizing insurance status including, but he information on this page and certify that the nowledge. I also agree to notify Horizon Headache				
PATIENT SIGNATURE		DATE				



# Medical History Intake Form

The following questions relate to your general health. The details of this form will only be reviewed by your physician and nurse. Please bring this form to your first appointment.

#### Headache History

· · · · · · · · · · · · · · · · · · ·
How long have you had headaches?
Have you ever been hospitalized for headaches?
If so, please list most recent location and dates of hospitalization:
Have you gone the emergency room for headache treatment?
If so, please list most recent location and dates of emergency room visits:
is so, please list most recent location and dates of emergency room visits:
At least once a week, do you miss school, work, or social activities because of your headaches?
Please list outpatient physician that you have seen for your headaches in the past five years. Include their practice
name, specialty, location, and approximate dates you were under care.
How many days in the past month did you have a headache?

Have you ever been diagnosed with any of the following health conditions:

Health Condition: YES NO Details/Dates of your condition

EYES:		
Glaucoma		
Retinal Artery Occlusion		
Retinal Migraine		
Cataracts		
Near or far sighted		
Other eye problems		
HEENT:		
Recurrent Ear Infections		
Chronic Sinusitis		
Seasonal Allergies		
NECK:	 	
Thyroid Problems		
Neck Injury/Pain		
DENTAL:		
Wisdom Teeth Removal		
Root canal		
TMJ disorder		
Bruxism (teeth grinding)		
Orthodontic device (braces)		
CARDIAC:		
Heart attack/Stent placement/Bypass Surgery		
Congestive Heart Failure		
Atrial Fibrillation		
Abnormal heart beat		
Heart murmur		
High Blood Pressure		
High Cholesterol		
Diabetes, specify type:		

Health Condition:	YES	NO	Details/Dates of your condition
LUNGS:			
Pneumonia requiring hospitalization			
Tuberculosis			
Asthma			
COPD/Emphysema			
GASTROINTESTINAL:		i	
Peptic Ulcer Disease			
GERD/Acid Reflux			
Liver problems			
Kidney Problems			
Irritable Bowel Disease			
Chronic Constipation			
Crohn's Disease or Ulcerative Colitis			
URINARY SYSTEM:	i	i	
Kidney Disease/Renal insufficiency or failure			
Kidney Stones			
Interstitial Cystitis			
Recurrent UTI			
Pyelonephritis/Kidney Infection			
FEMALE GYN:		i	
Abnormal Pap Smear			
Sexually Transmitted Disease			
MALE SYSTEM:			
Prostate cancer			
Benign Prostate Hypertrophy			
MUSCULOSKELETAL:			
Chronic Back Pain			
Shoulder problems			
Injury to any joint/bone			
Osteoarthritis			
Osteoporosis			
RHEUMATOLOGY:	<i>i</i>	i	
Fibromyalgia			

i.

.....

our condition	NO	YES	Health Condition:
			Rheumatoid Arthritis
			Other inflammatory arthritis
			SLE (Lupus)
			Scleroderma
	i	.i	PYSCHIATRIC:
			Depression
			Bipolar/Mania
			Schizophrenia/schizoaffective disorder
			Psychiatric disorder requiring hospitalization
			Suicidal thoughts or attempts
	<u>i</u>		NEUROLOGIC:
			Headaches/Migraines
			Stroke/Mini Stroke (TIA)
			Seizures
			Brain aneurysm
			Multiple Sclerosis
			Other neurologic condition
	i	.k	HEME/ONCOLOGY:
			Cancer or Tumor
			Anemia
			Blood clots/ Clotting disorders
etime that was not included above:	en diagnos	you have b	Please list any other medical conditions
_			

Please list any surgeries you have had in your lifetime:						
,						
Medications						
Please list medication	s you are curre	ently taking:				
Medication	Dose	Frequency	Date Started	Condition being treated		

Please list all medications you have tried in the past for your headaches:

Medication	Dose	Frequency	Dates you took this med	Why it was discontinued
	1	1	1	1
Family History:				

# Do headaches, other neurological disorders, or heart problems run in your family? If so, please explain who and what they have/had?

Please describe any health condition that your mother father or siblings have/had?

Relative	Living or Deceased	Health Conditions
Mother		
Father		

# Neuroimaging

Have you had a CAT scan, EEG, or MRI of your head and neck in the past 3 years?

Yes No

If so, please bring the report to your initial visit.

#### **Review of Systems**

(Please circle YES to any of the following you may have experienced in the past 3 months and use the remarks section below to explain)

#### **GENERAL**

Fever, chills, night sweats	YES	NO
Weight change more than 10 lbs.	YES	NO
Overwhelming fatigue	YES	NO
EYES		
Temporary vision changes	YES	NO
Permanent vision changes	YES	NO
Blurry vision	YES	NO
Seeing spots or lines of light	YES	NO
Pain in eyes	YES	NO
Increased/Decreased Tearing	YES	NO
Double Vision	YES	NO
HEENT		
Scalp Tenderness	YES	NO
Ear pain	YES	NO
Ringing in the ears	YES	NO

# Review of Systems, continued

Hearing loss	YES	NO	
Vertigo (feeling like the room is spinning)	YES	NO	
Pain or numbness in face	YES	NO	
Problems with speech or slurred speech	YES	NO	
Sore throat	YES	NO	
Nasal Congestion	YES	NO	
Sinus pain or pressure	YES	NO	
CARDIOVASCULAR			
Chest pain	YES	NO	
Racing heart rate or irregular heart beat	YES	NO	
Pain in legs with walking	YES	NO	
LUNGS			
Cough	YES	NO	
Shortness of breath	YES	NO	
ARROMENI			
ABDOMEN	V50	NO	
Abdominal Pain	YES	NO	
Nausea/Vomiting	YES	NO	
Heartburn	YES	NO	
Diarrhea/Constipation	YES	NO	
Pain or trouble with swallowing	YES	NO	
Blood in stool	YES	NO	
FEMALE			
Abnormal menses	YES	NO	
Pelvic pain	YES	NO	
Recent pregnancy	YES	NO	
GU			
Trouble with urinary stream	YES	NO	
Pain with urination	YES	NO	
Frequency of urination	YES	NO	
Erectile dysfunction (males)	YES	NO	

# Review of Systems, continued

PSYCH  Feeling sad or down  Feeling anxious or worried  Poor sleep  Poor sleep  YES  NO  Mod swings  YES  NO  Mod swings  YES  NO  Meakness in arms, legs, or face  YES  NO  Memory problems  YES  NO  Poor balance	PSYCH  Feeling sad or down  Feeling anxious or worried  Poor sleep  Feeling overwhelmed  Difficulty concentrating  Mood swings  YES  NEUROLOGIC  Weakness in arms, legs, or face  Loss of consciousness  YES  YES	NO NO NO NO NO
Feeling sad or down Feeling anxious or worried Feeling overwhelmed Feeling anxious or worried Feeling an	Feeling sad or down  Feeling anxious or worried  YES  Poor sleep  YES  Feeling overwhelmed  YES  Difficulty concentrating  Mood swings  YES  NEUROLOGIC  Weakness in arms, legs, or face  Loss of consciousness  YES	NO NO NO NO NO
Feeling sad or down Feeling anxious or worried Feeling overwhelmed Feeling anxious or worried Feeling an	Feeling sad or down YES Feeling anxious or worried YES Poor sleep YES Feeling overwhelmed YES Difficulty concentrating Mood swings YES  NEUROLOGIC Weakness in arms, legs, or face Loss of consciousness YES	NO NO NO NO NO
Feeling anxious or worried  Poor sleep  Poor sleep  YES  NO  Preeling overwhelmed  YES  NO  Mood swings  YES  NO  Mood swings  YES  NO  Mood swings  YES  NO  NO  NEUROLOGIC  Weakness in arms, legs, or face  Loss of consciousness  YES  NO  Memory problems  YES  NO  Numbness or tingling  YES  NO  Poor balance  Poor balance  YES  NO  MUSCULOSKELETAL  Muscle pain  No  No  Muscle pain  No  No  No  No  No  Muscle pain  No  No  No  No  No  No  No  No  No  N	Feeling anxious or worried  Poor sleep  YES  Feeling overwhelmed  YES  Difficulty concentrating  Mood swings  YES  NEUROLOGIC  Weakness in arms, legs, or face  Loss of consciousness  YES	NO NO NO NO NO
Poor sleep	Poor sleep YES Feeling overwhelmed YES Difficulty concentrating YES Mood swings YES  NEUROLOGIC Weakness in arms, legs, or face Loss of consciousness YES	NO NO NO NO
Feeling overwhelmed  YES  NO  Mood swings  YES  NO  Mood swings  YES  NO  NEUROLOGIC  Weakness in arms, legs, or face  Loss of consciousness  YES  NO  Memory problems  YES  NO  Numbness or tingling  YES  NO  Permor  YES  NO  Mood swings  YES  NO  Memory problems  YES  NO  Mumbness or tingling  YES  NO  Mood seizure  Muscle pain  YES  NO  No  No  No  No  Shoulder pain  YES  NO  Other joint pain, stiffness, or swelling  YES  NO  Other joint pain, stiffness, or swelling	Feeling overwhelmed  YES  Difficulty concentrating  Mood swings  YES  NEUROLOGIC  Weakness in arms, legs, or face  Loss of consciousness  YES  YES	NO NO NO NO
Difficulty concentrating  PES  NO  Mood swings  YES  NO  NEUROLOGIC  Weakness in arms, legs, or face  Loss of consciousness  YES  NO  Memory problems  YES  NO  Numbness or tingling  YES  NO  Poor balance  Poor balance  YES  NO  MUSCULOSKELETAL  Muscle pain  Low back pain  No  No  Shoulder pain  YES  NO  Cherr joint pain, stiffness, or swelling	Difficulty concentrating  Mood swings  YES  NEUROLOGIC  Weakness in arms, legs, or face Loss of consciousness  YES	NO NO NO
Mood swings  YES  NO  NEUROLOGIC  Weakness in arms, legs, or face  YES  NO  Memory problems  YES  NO  Numbness or tingling  YES  NO  Poor balance  Tremor  YES  NO  MUSCULOSKELETAL  Muscle pain  Low back pain  Neck pain  No  Shoulder pain  YES  NO  Cher joint pain, stiffness, or swelling	Mood swings  YES  NEUROLOGIC  Weakness in arms, legs, or face Loss of consciousness  YES	NO NO
NEUROLOGIC  Weakness in arms, legs, or face  Loss of consciousness  YES  NO  Memory problems  YES  NO  Numbness or tingling  YES  NO  Poor balance  Tremor  YES  NO  MUSCULOSKELETAL  Muscle pain  Low back pain  Neck pain  YES  NO  Shoulder pain, stiffness, or swelling  YES  NO  Cher joint pain, stiffness, or swelling  YES  NO  Cher joint pain, stiffness, or swelling  YES  NO  Consider pain  YES  NO  Cher joint pain, stiffness, or swelling  YES  NO  Cher joint pain, stiffness, or swelling  YES  NO  Consider pain  YES  NO  YES  YES  NO  YES  YES  NO  YES  YES  YES  YES  YES  YES  YES  YE	NEUROLOGIC  Weakness in arms, legs, or face  Loss of consciousness  YES  YES	NO NO
Weakness in arms, legs, or face  YES  NO Loss of consciousness  YES  NO Memory problems  YES  NO Numbness or tingling  YES  NO Poor balance  YES  NO Tremor  YES  NO MUSCULOSKELETAL  Muscle pain  YES  NO No Neck pain  YES  NO No Neck pain  YES  NO	Weakness in arms, legs, or face YES  Loss of consciousness YES	NO
Weakness in arms, legs, or face  YES  NO Loss of consciousness  YES  NO Memory problems  YES  NO Numbness or tingling  YES  NO Poor balance  YES  NO Tremor  YES  NO MUSCULOSKELETAL  Muscle pain  YES  NO No Neck pain  YES  NO No Neck pain  YES  NO	Weakness in arms, legs, or face YES  Loss of consciousness YES	NO
Access of consciousness  YES  NO Memory problems  YES  NO Numbness or tingling  YES  NO Poor balance  YES  NO Tremor  YES  NO  MUSCULOSKELETAL  Muscle pain  YES  NO	Loss of consciousness YES	
Memory problems  Numbness or tingling  YES  NO Poor balance  YES  NO Premor  YES  NO MUSCULOSKELETAL  Muscle pain  YES  NO Low back pain  YES  NO Shoulder pain  YES  NO Shoulder pain, stiffness, or swelling  YES  NO		
Numbness or tingling  Seizure  YES  NO Poor balance  YES  NO Fremor  YES  NO  MUSCULOSKELETAL  Muscle pain  YES  NO No Low back pain  YES  NO No Shoulder pain  YES  NO Cher joint pain, stiffness, or swelling  YES  NO	· ·	-
Seizure YES NO Poor balance YES NO Fremor YES NO MUSCULOSKELETAL Muscle pain YES NO Low back pain YES NO Neck pain YES NO Shoulder pain YES NO Choulder pain YES NO	Numbness or tingling YES	
Poor balance Poor balance YES NO MUSCULOSKELETAL Muscle pain YES NO Low back pain YES NO Neck pain YES NO Shoulder pain YES NO Other joint pain, stiffness, or swelling YES NO		NO
MUSCULOSKELETAL  Muscle pain YES NO Low back pain YES NO Neck pain YES NO Shoulder pain YES NO Other joint pain, stiffness, or swelling YES NO	Poor balance YES	NO
Muscle pain YES NO Low back pain YES NO Neck pain YES NO Shoulder pain YES NO Other joint pain, stiffness, or swelling YES NO	Tremor YES	NO
Muscle pain YES NO Low back pain YES NO Neck pain YES NO Shoulder pain YES NO Other joint pain, stiffness, or swelling YES NO	MUSCUII OSKELETAI	
Low back pain  YES  NO  Neck pain  YES  NO  Shoulder pain  YES  NO  Other joint pain, stiffness, or swelling  YES  NO  NO  NO  NO  NO  NO  NO  NO  NO  N		NO
Neck pain  YES  NO Shoulder pain  YES  NO Other joint pain, stiffness, or swelling  YES  NO NO	·	
Shoulder pain YES NO Other joint pain, stiffness, or swelling YES NO	·	
Other joint pain, stiffness, or swelling YES NO	·	
Review of Systems Remarks (if YES to any of the above, please specify below):	Other joint pain, stiffness, or swelling	NO
, ,	Review of Systems Remarks (if YES to any of the above. please spec	cify below):
		, 56.6.1).



# Consent for Treatment Form

hereby give my permission for Horizon Headache Center, PLLC to render treatment to me/my dependent. I nderstand that I will be given all available pertinent information prior to the treatment being rendered. I will be given the opportunity to ask questions and to have them answered to my satisfaction. I understand that I may ecline treatment at any time		
SIGNATURE (Parent/Guardian)	DATE	
CONSENT TO RELEASE/OBTAIN MEDICAL INFO	RMATION:	
	n carrier, physician/facility referred to for further treatment reby granted to any facility where I have previously been	
SIGNATURE (Parent/Guardian)	DATE	
AUTHORIZATION FOR PAYMENT OF BENEFITS:		
received will be applied to my balance. I will be respapply. Although Horizon Headache Center, PLLC will ultimately my responsibility and I will not hold	ill my health insurance for services rendered. All payments consible for all co-pays/co-insurance and deductibles that may ill help verify and assist me in understanding my benefits, it is d Horizon Headache Center, PLLC responsible for any d that any charges not paid by my insurance company are my	
SIGNATURE (Parent/Guardian)	DATE	



#### Cancellation/No -Show Policies

The cancellation / no-show policy is enforced for the following reasons:

- 1. We rely heavily on our schedule to maintain a high standard of care.
- 2. By giving appropriate notice to the facility, we are able to offer your appointment slot(s) to other patients.
- 3. Repeated cancellations and no-shows will slow your progress and likely prevent you from experiencing optimal outcomes from treatment.

#### **NO-SHOW POLICY**

If you do not cancel your appointment in accordance with the cancellation policy and/or fail to show for your scheduled appointment, a \$30 no-show fee will be charged to your account. This fee will be charged for each appointment missed on the same day. This fee will not be waived for any reason, so please do not ask.

#### **CANCELLATION POLICIES**

Appointments must be cancelled a minimum of I2 hours prior to your scheduled appointment time. Failure to cancel your appointment by this deadline will result in a no-show fee charged to your account. If you arrive more than 20 minutes past your appointment time, you may be asked to reschedule. If you are asked to reschedule, the no-show fee will be charged to your account.

#### REPEATED CANCELLATIONS

Optimal outcomes from treatment can only be achieved if you take responsibility in your care and are compliant with scheduled appointments. Repeated cancellations may result in discharge for noncompliance.

These policies are strictly enforced to assure you receive the care you deserve and achieve your treatment goals. We pride ourselves in providing the highest quality of care possible. Please help us maintain this level of care by making your time here a priority.

A copy of this policy will be provided to you upon request.		
Patient Signature (Parent/Guardian if under 18)	Date	

#### HORIZON HEADACHE CENTER, PLLC NOTICE OF PRIVACY PRACTICES EFFECTIVE APRIL 14, 2003

# THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN OBTAIN ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

The terms of this Notice of Privacy Practices apply to Horizon Headache Center, PLLC and its entities. All of the entities will share personal health information of patients as necessary to carry out treatment, payment, and health care operations as permitted by law.

We are required by law to maintain the privacy of our patients' personal health information and to provide patients with notice of our legal duties and privacy practices with respect to personal health information. We are required to abide by the terms of this Notice for as long as it remains in effect. We reserve the right to change the terms of this Notice of Privacy Practices as necessary and to make a new Notice effective for all personal health information maintained by Horizon Headache Center. We are also required to inform you that there may be a provision of State law that relates to the privacy of your health information that may be more stringent than a standard or requirement under the Federal Health Insurance Portability and Accountability Act. A copy of any revised Notice of Privacy Practices or information pertaining to a specific State law may be obtained by mailing a request to the Office Manager, Horizon Headache Center, 851 Corporate Drive, Suite 110, Lexington KY 40503.

#### USES AND DISCLOSURES OF YOUR PERSONAL HEALTH INFORMATION

**Authorization and Consent:** Except as outlined below, we will not use or disclose your personal health information for any purpose other than treatment, payment or health care operations unless you have signed a form authorizing the use or disclosure. You have the right to revoke the authorization in writing unless we have taken any action in reliance on the authorization.

**Uses and Disclosure for Treatment:** With your agreement, we will make uses and disclosures of your personal health information as necessary for your treatment. Doctors and other professionals involved in your care will use information in your medical record and information you provide about your symptoms and reactions to your course of treatment that may include procedures, medications, tests, medical history, etc.

Uses and Disclosures for Payment: With your agreement, we will make uses and disclosures of your personal health information as necessary for payment purposes. During the normal course of business operations, we may forward information regarding your medical procedures and treatment to your insurance company to arrange payment for the services provided to you. We may use your information to prepare a bill to send to you or to the person responsible for your payment.

**Uses and Disclosures for Health Care Options:** With your agreement, we will use and disclose your personal health information as necessary, and as permitted by law, for our health care operations, which may include clinical improvement, professional peer review, business management, accreditation and licensing, etc. For instance, we may use and disclose your personal health information for purposes of improving the clinical treatment and patient care.

**Individuals Involved in Your Care:** With your written agreement, we may from time to time disclose your personal health information to designated family, friends, and others who are involved in your care or in payment of your care in order to facilitate that person's involvement in carding for you or paying for your care. If you are unavailable, incapacitated, or facing an emergency medical situation and we determine that a limited disclosure may be in your best interest, we may share limited personal health information to a public or private entity that is authorized to assist in disaster relief efforts in order for that entity to locate a family member or other persons that may be involved in some aspect of caring for you.

**Business Associates:** Certain aspects and components of our services are performed through contracts with outside persons or organizations, such as auditing, accreditation, outcomes data collection, legal services, etc. At times it may be necessary for us to provide your personal health information to one or more of these outside persons or organizations who assist us with our health care operations. In all cases, we require these business associates to appropriately safeguard the privacy of your information.

Appointments and Services: We may contact you to provide appointment reminders or information about your treatment or other health-related benefits and services that may be of interest to you. You have the right to request and we will accommodate reasonable requests by you to receive communications regarding your personal health information from us by alternative means or alternative locations. For instance, if you wish appointment reminders to not be left on voice mail or sent to a particular address, we will accommodate reasonable requests. You also have the right to request that we not send you any future marketing materials and we will use our best efforts to honor such request. You may make your requests by sending your name and address to the Office Manager, Horizon Headache Center, 851 Corporate Drive, Suite 110, Lexington KY 40503.

#### Other Uses and Disclosures:

We are permitted and/or required by law to make certain other uses and disclosures of your personal health information without your consent or authorization for the following:

- Any purpose required by law
- Public health activities, such as required reporting of disease, injury, birth and death, or required public health investigations
- If we suspect child abuse or neglect; if we believe you to be a victim of abuse, neglect or domestic violence
- To the Food and Drug Administration to report adverse events, product defects, or to participate in product recalls
- To your employer when we have provided healthcare to you at the request of your employer
- To a government oversight agency conducting audits, investigations, or civil or criminal proceedings
- Court or administrative ordered subpoena or discovery request
- To law enforcement officials as required by law to report wounds and injuries and crime
- If you are a member of the military, we may also release your personal health information for national security or intelligence activities; and
- To workers' compensation agencies for workers' compensation benefit determination.

#### RIGHTS THAT YOU MAY HAVE REGARDING YOUR PERSONAL HEALTH INFORMATION:

#### **Access to Your Personal Health Information**

You have the right to copy and/or inspect much of the personal health information that we retain on your behalf. All requests for access must be made in writing and signed by you or your legal representative. You may obtain a "Patient Access to Health Information Form" from the Office Manager. You are entitled to one free copy of your personal health information. If you request additional copies, you may be charged a nominal fee for copying and postage.

#### **Amendments to Your Personal Health Information**

You have the right to request in writing that personal health information that we maintain about you be amended or corrected. We are not obligated to make all requested amendments, but will give each request careful consideration. All amendment requests, must be in writing, signed by you or your legal representative, and must state the reasons for the amendment/correction request. If an amendment or correction request is made, we may notify others who work with us if we believe that such notification is necessary. You may obtain an "Amendment Request Form" from the Office Manager.

#### **Accounting for Disclosures of Your Personal Health Information**

You have the right to receive an accounting of certain disclosures made by us of your personal health information after April 14, 2003. Requests must be made in writing and signed by you or your legal representative. "Accounting Request Forms" are available from the Office Manager. The first accounting in any 12-month period is free; you will be charged a fee for each subsequent accounting you request within the same 12-month period. You will be notified of the fee at the time of your request.

**Restrictions on Use and Disclosure of Your Personal Health Information:** You have the right to request restrictions on uses and disclosures of your personal health information for treatment, payment, or healthcare operations. We are not required to agree to your restriction request, but will attempt to accommodate reasonable requests when appropriate. We retain the right to terminate an agreed-to restriction if we believe such termination is appropriate. In the event of a termination by us, we will notify you of such termination. You also have the right to terminate, in writing or orally, any agreed-to restriction by sending such notice to the Office Manager.

**Complaints:** If you believe your privacy rights have been violated, you can file a complaint in writing to the Office Manager, Horizon Headache Center, 851 Corporate Drive, Suite 110, Lexington KY 40503. You may also file a complaint with the Secretary of the U.S. Department of Health and Human Services in Washington, D.C. in writing within 180 days of a violation of your rights. There will be no retaliation for filing a complaint.

<b>FOR FURTHER INFORMATION:</b> If you have question Office Manager, Horizon Headache Center, 851 Corporate D	ns or need further assistance regarding this Notice, you may contact the rive, Suite 110, Lexington KY 40503; Phone 859.263.2222.
PATIENT SIGNATURE (Patient/Guardian if under 18)	DATE

#### **The Migraine Disability Assessment Test**

The **MIDAS** (Migraine Disability Assessment) questionnaire was put together to help you measure the impact your headaches have on your life. The information on this questionnaire is also helpful for your primary care provider to determine the level of pain and disability caused by your headaches and to find the best treatment for you.

Please answer the following questions about ALL of the headaches you have had over the last 3 months.

#### **INSTRUCTIONS**

your answer in the box next to each question. Select zero if you did not have the activity in the last hs. Please take the completed form to your healthcare professional.
 1. On how many days in the last 3 months did you miss work or school because of your headaches?
 2. How many days in the last 3 months was your productivity at work or school reduced by half or more because of your headaches? (Do not include days you counted in question 1 where you missed work of school.)
 3. On how many days in the last 3 months did you not do household work (such as housework, home repairs and maintenance, shopping, caring for children and relatives) because of your headaches?
 4. How many days in the last 3 months was your productivity in household work reduced by half of more because of your headaches? (Do not include days you counted in question 3 where you did not do household work.)
 5. On how many days in the last 3 months did you miss family, social or leisure activities because of your headaches?
 Total (Questions 1-5)
What your Physician will need to know about your headache:
 A. On how many days in the last 3 months did you have a headache? (If a headache lasted more than 1 day, count each day.)
 B. On a scale of 0 - 10, on average how painful were these headaches? (where 0=no pain at all, and 10=

**Scoring:** After you have filled out this questionnaire, add the total number of days from questions 1-5 (ignore A and B).

MIDAS Grade	Definition	MIDAS Score
I	Little or No Disability	0-5
II	Mild Disability	6-10
III	Moderate Disability	11-20
IV	Severe Disability	21+

#### If Your MIDAS Score is 6 or more, please discuss this with your doctor.

pain as bad as it can be.)

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